

TIP TOONS



LIFE IS
GREAT
WHEN YOU STAY
"CENTERED"

HANDLING ANGER IN A POSITIVE WAY:

1. *Learn Lessons from Anger*
2. *Discover Tips to Stay Cool*
3. *Let Go of Anger*
4. *Develop Self-Awareness*

GAIN SELF-CONTROL!

"Learn to Laugh at Yourself"

